

Marriage Visualization Worksheet

This is a reminder to take the time to write out what you want your marriage to be like.

How will you be connected physically?

How will you be connected mentally?

How will you be connected emotionally?

How will you be connected spiritually?

How will you relate to each other?

What phrase catches everything that you'd want your marriage to be?

How will you feel when your marriage is at this point?

Now, visualize and try to experience this twice a day.