

Getting to Know You

Getting to know your spouse at a deeper level is one of the best ways to create the marriage that you want to last forever. When we understand each other better, we love each other better.

Here's a game of 20 questions you can play to get to know your spouse better. This is not exhaustive, but will get the ball rolling and hopefully start up some fun conversations.

You'll notice that they're followed by "why" questions. This is really where the magic is. Your favorite food is a one word answer that doesn't tell you much. But, why is it your favorite food? You might hear some great stories about special memories with that food.

Why is always a great question when you're getting to know someone better. Use it to really understand your spouse!

If some of these seem like they might cause an argument, you can skip them for now. Or, you can really practice "seeking first to understand" and not jumping in to correct your spouse's thoughts or beliefs. Remember, just try to understand.

Physical

What are some of your favorite foods? Why do you love it?

What do you like to do to move your body (what kind of exercise, dancing, playing sports or games)? Why do you like that? What were some of your favorite activities as a kid?

What kind of clothes do you like to wear? Why?

What's are some of the worst times you ever got hurt (or sick) physically? What happened?

What are some of the biggest physical accomplishments you've ever had? What happened?

Mental

What do you like to learn about? Why?

What things do you worry about? Why?

What movies/shows/books/music do you like? Why?

What would be your dream job(s)? Why?

What were some of your favorite classes in school? Why?

Emotional/Relationships

Who are some of your best friends? What do you like about them?

What would you like our relationship with the kids to be like? What kind of images do you have in your mind, what kind of memories do you want to create?

What was your relationship with your parents like growing up? Now? Why is that relationship important/not that important to you?

What are some of your favorite memories of things we've done together? What made them so special?

What do you usually do when you feel mad/sad/happy? How do you feel those emotions in your body (where do you feel them, what do they feel like)?

What are some of the times you've been most happy/sad/angry? What happened? What did you do?

Spiritual

What do you think the purpose of life is? Where do those beliefs come from?

What do you feel like your big contribution to the world is or is meant to be? Why do you feel that way?

What do you think happens after this life? Where do those beliefs come from?

What do you want to teach our kids about spirituality and religion?

What do you think makes for a successful life? Why?